

# The Royal News

presented by:

**Clark County Social Service**

*Senior Services*

Las Vegas, NV

**702-455-7051**



"I think no matter how old or infirm I may become, I will always plant a large garden in the spring. Who can resist the feelings of hope and joy that one gets from participating in nature's rebirth?"

- Edward Giobbi

## Inside:

Energy Assistance ..... 2

Senior Expo ..... 3

Senior Health & Safety ..... 3

Upcoming Events ..... 4



Summer is the annual permission slip to be lazy.

To do nothing and have it count for something.

To lie in the grass and count the stars.

To sit on a branch and study the clouds.

- Regina Brett

## Clark County Social Service

Tim Burch, Director

Bobby Gordon, Assistant Director

## Board of County Commissioners

Steve Sisolak, Chair - Larry Brown, Vice Chair

Susan Brager - Tom Collins - Lawrence Weekly - Beth Scow - Chris Giunchigliani



## Energy Assistance



### Project Reach (Relief through Energy Assistance to Prevent Customer Hardship)

Project Reach is a partnership between NV Energy and United Way that provides financial assistance once in a 12-month period to eligible NV Energy customers who are struggling to pay a past due bill. Customers must be seniors age 62 years of age or older, medically fragile and on the Green Cross Program\*, or Reserve and National Guard members.

- ◆ Additional eligibility is based on the following criteria:
- ◆ The NV Energy bill must be past due ( program does not pay current charges)
- ◆ The NV Energy bill must be in the name of the person who is applying for assistance
- ◆ The applicant cannot have had assistance with the NV Energy bill within the previous 12 months
- ◆ The applicant must have a valid NV state ID
- ◆ The address listed on the NV ID must match the address listed on the NV Energy bill
- ◆ Must meet the following income guidelines (subject to change)

HOUSEHOLD SIZE	MAXIMUM ANNUAL GROSS INCOME
1 - 2	\$23,265
3	\$29,295
4	\$35,325
5	\$41,355
6	\$47,385
Additional household members	Add \$5,000

If you appear to be eligible for assistance with Project Reach, you may contact any of the following agencies to apply:

- |   |  |
|---|--|
| ◆ Clark County Social Service ~ 702-455-7051      | ◆ East Valley Family Service ~ 702-369-9177    |
| ◆ HELP of Southern Nevada ~ 702-369-4357          | ◆ Henderson Senior Center ~ 702-267-2956       |
| ◆ HopeLink ~ 702-566-0576 x302                    | ◆ Las Vegas Urban League ~ 702-636-3949        |
| ◆ Las Vegas West Boys & Girls Club ~ 702-932-1880 | ◆ Lutheran Social Services ~ 702-639-1730      |
| ◆ Salvation Army ~ 702-649-8240                   | ◆ United Labor Agency of Nevada ~ 702-648-3500 |

Applicants may receive assistance on a past due balance only as follows:

Maximum assistance from October 1st thru June 30 is \$250

Maximum assistance from July 1st thru September 30 is \$300

\* If you or a permanent member of your household depend on the use of electrically operated medical equipment 24 hours a day, please contact NV Energy at 702-402-5555 and ask about Green Cross.

**Project REACH**  
A United Way of Southern Nevada and  
NV Energy Assistance Partnership

## Senior Energy Assistance Expo



For the past few years, NV Energy's Senior Energy Assistance Expo has been held in August. However, in an effort to offer customers more assistance, the Expo is being held in September this year when bills are usually very high. Customers should be on the look out for a notice in their NV Energy bill which will provide them additional information on this year's event. Expect to see some changes in the way the Expo is laid out this year as NV Energy aims to make the event more customer friendly.

Event Info: Saturday, September 13, 2014

8am - 12pm

Cashman Event Center, 850 N. Las Vegas Boulevard ~ Las Vegas, NV 89101



## Safe Today. Healthy Tomorrow

May is Older Americans Month and this year's theme is Safe Today. Healthy Tomorrow.

Seniors are urged to stay healthy by taking certain safety precautions. Oftentimes seniors try and perform activities that are not appropriate for their physical health. Therefore, they should visit with their doctor to discuss what activities may or may not be suitable for them to partake in. Seniors can also speak with their doctor about medication management to make sure they are not taking too much or too little of a prescribed or over the counter drug. Improper use of medications can have lasting harmful effects on one's health.

Other things that can impact a senior's health and safety are accidents such as falls, fires, and car accidents. As individuals progress in age, they may become unsteady on their feet and fall. Thus, it's important that seniors equip themselves with the tools necessary to prevent accidents. Durable medical equipment like canes, walkers, wheelchairs, scooters, shower chairs, and grab bars can all be lifesavers for those who have difficulty standing, become short of breath, or have general weakness. In addition to assistive devices individuals who require help with their activities of daily living should look into homemaker programs in their area. These programs can help eligible persons who are unable to do their own cooking, cleaning, laundry or grocery shopping.

Accepting assistance from a homemaker program, using assistive devices, and properly managing medications are all examples of steps a senior or disabled person can take in improving their health and safety. Preventing accidents by knowing one's limitations and accepting help when needed are key in sustaining one's health which allows them to live independently longer.



## Upcoming Events



Wednesday, June 4, 2014 - Guest Speaker at Whitney Senior Center from 10:15am - 11:15am. 5712 E. Missouri Avenue, Las Vegas, NV 89122. Free ~ 702-455-7576.

A representative from the Better Business Bureau will provide information on how to spot a scam and who to contact to report fraudulent business activities.

Tuesday, June 10, 2014 - The Science of Saving Lives (Senior Safety & Prevention) Presented by UMC at Cora Coleman Senior Center from 10am - 11am. 1600 Bonnie Lane, Las Vegas, NV 89156. Free ~ 702-455-7616.

Thursday, June 12, 2014 - Senior Idol Showcase at Charleston Heights Art Center at 3pm. 800 S. Brush Street, Las Vegas, NV 89107. Tickets are \$5.00 ~ 702-229-6383.

Come out and see a group of talented individuals and groups age 50 and older perform a variety of acts including singing, dancing, playing musical instruments and comedy.

Tuesday, June 17, 2014 - Juneteenth Celebration at Doolittle Senior Center from 11am - 1pm. 1950 N. J Street, Las Vegas, Nevada 89106. Cost is \$5.00. Advance registration is required and opens May 27, 2014. 702-229-6125.

Enjoy a variety of southern foods, desserts, and old-fashioned lemonade. There will be games and raffles.



Wednesday, July 2, 2014 - Fourth of July Luncheon Celebration at Lorenzi Park from 11:30am - 1:30pm. 3343 W. Washington Avenue, Las Vegas, NV 89107. Cost is \$5.00. Advance registration is required by June 23, 2014. Contact Derfelt Senior Center at 702-229-6601.

Celebrate your patriotism by enjoying Derfelt's Fourth of July Luncheon that will be held at Lorenzi Park. Please bring non-perishable food items for our food pantry.

Wednesday, July 9, 2014 - Red, White & BBQ at Cora Coleman Senior Center at 11:30am. 1600 Bonnie Lane, Las Vegas, NV 89156. Cost is \$2.00 ~ 702-455-7616.

Tuesday, July 29, 2014 - Medicare 101 at Centennial Hills Active Adult Center at 10am. 6601 N. Buffalo Drive, Las Vegas, NV 89131. Cost is free with annual \$2.00 membership. ~ 702-229-1702.

Come learn the ABCD's of Medicare and the three paths associated with Medicare.



Friday, August 1, 2014 - Breakfast at Lieburn Senior Center at 8:30am. 6230 Garwood Avenue, Las Vegas, NV 89107. Cost is \$4.00. Advance registration is required by July 19, 2014. ~ 702-229-1600.

Staff will prepare and serve custom omelets, bacon, juice, coffee and fruit.

Thursday, August 7, 2014 - Senior Workshop at Cora Coleman Senior Center from 10:30am - 11:30am. 1600 Bonnie Lane, Las Vegas, NV 89156. Free. ~ 702-455-7617.

A representative from the State's Aging & Disability Division will provide information about its Taxi Assistance Program.

Tuesday, August 26, 2014 - Hawaiian Luau at Doolittle Senior Center from 11am - 2pm. 1930 N. J Street Las Vegas, NV 89106. Cost is \$5.00. Advance registration is required by August 19, 2014. ~ 702-229-6125

Participants will experience the Hawaiian culture, food, music, dance, and attire. Wear your best Hawaiian outfit and be entered into the Best Dressed Hawaiian contest.

